Dish	Dairy	Eggs	Fish	Crustancear	Molluscs	Garlic & Onion	Nuts	Peanuts	Sesame	Soya bean	Mustard	Sulphites	Celery	Lupin
Salsa criolla						both in salsa	Almond /traces		traces	plantain (oil fryer)				
Pa picar														
Hominy corn	traces in fryer					both in Hominy mix	Almond /traces		traces	oil in fryer				
Plantains	traces in fryer					Onion in guacamole	Almond /traces		traces	oil in fryer				
Chicken empanadas	traces in fryer					both marinade, onion in salsa	Almond /traces		traces	oil in fryer		olives in marinade		
Jackfruit empanadas	traces in fryer					both	Almond /traces		traces	oil in fryer				
Tapioca	milk &cheese					traces in fryer	Almond /traces		traces	oil in fryer		balsamic vinegar		
Pork Belly	traces in fryer					traces in fryer	Almond /traces		traces	oil in fryer				
Tuna tostada	Mayo	Mayo	Tuna			chilli oil, mayo, onion garnish	Almond /traces		sesame oil	totostada & marinade	Mayo			
The land														
Guajullo jackfruit						both in marinade	Almond /traces		traces			pickled onion		
Palmheart tostada	mayo					both in marinade	Almond /traces		traces	tostada				
Quinotto	milk and cheese					both in marinade	Almond /traces		traces	plantains				
Aubergine						both in marinade,beans	Almond /traces		traces	in marinade		balsamic in marinade		
the sea														
Salmon ceviche			Salmon			both tigers milk (chilli oil)	Almond /traces		Tiger's milk	Tiger's milk				
Prawns	Suero, salsa		Salsa	Prawns		both salsa & G. Marinade	Almond /traces		traces	toston		prawns		
halibut			Halibut			garlic in marinade/pesto	Almond /traces		traces	marinade and sauce				
The Farm														
Beef Salteado		Huacatay				both in marinade	Almond /traces		seame oil	Soy sauce	Mayo			
Cochinita Pibil	butter on marinade					marinade and salsa	Almond /traces		traces			pickled onion		
Lamb						marinade and salsa	Almond /traces		traces	marinade		wine in marinade		
Sides Dishes														
Rice						both Rice marinade	Almond /traces		traces	traces crispy onion				
Chimirruri Fries	traces in fryer					garlic on chimichurri	Almond /traces		traces	oil in fryer				
Cassava Chips	Mayo	Mayo				both Mayo and traces in fryer	Almond /traces		traces	oil in fryer	Mayo	Mayo		
Grilled lettuce							Almond		traces		Dressing	vinegar/cranberry		
sweet endings														
corn cake	Everything	Cake					Almond /traces		traces					
Churros	Dulce leche, traces fryer					traces in frier both	Almond /traces		traces					
Duo ice cream	Ice cream/ cookies						Almond /traces		traces	dulce de leche IC				
KEY:	Can be amended													
	Cannot be changed													
	May contain traces													