Dish	Dairy	Eggs	Fish	Crustanceans	Molluscs	Garlic & Onion	Nuts	Peanuts	Sesame	Soya bean	Mustard	Sulphites
Salsa criolla						both in salsa	Almond /traces		traces	plantain (oil fryer)		
Pa picar												
Hominy corn	traces in fryer					both in Hominy mix	Almond /traces		traces	oil in fryer		
Plantains	traces in fryer					Onion in guacamole	Almond /traces		traces	oil in fryer		
Potato empanadas	traces in fryer					both marinade, onion in salsa	Almond /traces		traces	oil in fryer		olives in marinade
Jackfruit empanadas	traces in fryer					both	Almond /traces		traces	oil in fryer		
Tapioca	milk &cheese					traces in fryer	Almond /traces		traces	oil in fryer		balsamic vinegar
Pork Belly	traces in fryer					traces in fryer	Almond /traces		traces	oil in fryer		
Tuna tostada	Mayo	Mayo	Tuna			chilli oil, mayo, onion garnish	Almond /traces		sesame oil	totostada & marinade	Mayo	
The land												
Jackfruit tacos						both in marinade	Almond /traces		traces			pickled onion
Palmheart tostada	mayo	mayo				both in marinade	Almond /traces		traces	tostada & marinade		
Cauliflower	halloumi						Almond /traces		traces			
Aubergine						both in marinade,beans	Almond /traces		traces	in marinade		salsa negra(balsamic)
The sea												
Octopus				0ctopus	0ctopus		Almond /traces		traces	plantain crisp		pickled onion
Squid				Squid	Squid	both in mojo & chimichurri	Almond /traces		traces			prawns
Seabass			seabass			garlic in marinade/pesto	Almond /traces		traces	toston		chontaduro
The Farm												
Chicken	butter in achiote			traces grill	traces grill	both in marinade & mojo	Almond /traces		traces			
Cochinita Pibil	butter on marinade					marinade and salsa	Almond /traces		traces			pickled onion
Lamb				traces grill	traces gril	marinade and salsa	Almond /traces		traces	marinade & potatoes		wine in marinade
Sides Dishes												
Rice						both Rice marinade	Almond /traces		traces	traces crispy onion		
Chimirruri Fries	traces in fryer					garlic on chimichurri	Almond /traces		traces	oil in fryer		
Cassava Chips	Mayo	Mayo				both Mayo and traces in fryer	Almond /traces		traces	oil in fryer	Mayo	Mayo
Grilled lettuce				traces grill	traces grill		Almond		traces		Dressing	vinegar/cranberry
sweet endings												
Cheese cake	cake	Cake					Almond /traces		traces			
Churros	Dulce leche, traces fryer					traces in frier both	Almond /traces		traces	oil in fryer		
Duo ice cream	Ice cream/ cookies						Almond /traces		traces	dulce de leche IC		
KEY:	Can be amended											
	Cannot be changed											
	May contain traces											