Dish	Dairy	Eggs	Fish	Crustanceans	Molluscs	Garlic & Onion	Nuts	Peanuts	Sesame	Soya bean	Mustard	Sulphites	Celery
Azteca soup	traces in fryer					both in soup	almond (traces)		traces	fry tortilla in soup			
Pa picar													
Hominy corn	traces in fryer					both in Hominy mix	almond (traces)		traces	oil in fryer			
Plantains & Guac	traces in fryer					Onion in guacamole	almond (traces)		traces	oil in fryer			
Choclo fritter	traces in fryer					spring onion	almond (traces)		traces	oil in fryer			
Potato empanadas	traces in fryer					both in marinade, onion in salsa	almond (traces)		traces	oil in fryer			
Tapioca	milk &cheese					traces in fryer	almond (traces)		traces	oil in fryer		balsamic vinegar	
Pork Belly	traces in fryer					traces in fryer	almond (traces)		traces	oil in fryer			
Tuna tostada	Mayo	Mayo	Tuna			chilli oil, mayo, onion garnish	almond (traces)		sesame oil	tostada & marinade	Mayo		
The land													
Jackfruit tacos						both in marinade	almond (traces)		traces			pickled onion	
Palmheart tostada	mayo	mayo				both in marinade	almond (traces)		traces	tostada & marinade	mayo		
Cauliflower	halloumi			traces grill			almond (traces)		traces				
Aubergine						both in marinade,beans	almond (traces)		traces	in marinade		salsa negra(balsamic)	
The sea													
salmon		citrus mayo	salmon			Tigers & citrus mayo	almond (traces)		tiger's milk	Boniato, tigers milk	mayo		
Prawns	Pacific coast salsa		salsa	prawns		both in salsa	almond (traces)		traces	plantain tostones		Prawns	
Sea bream			fish			both in mojo & chimichurri	almond (traces)			pumpkin pure		miso and pumpkin	
The Farm													
Chicken	butter in achiote			traces on grill		both in marinade & mojo	almond (traces)		traces				
Lechona tacos	butter in marinade					marinade and salsa	almond (traces)		traces				
Lamb				traces on grill		marinade and salsa	almond (traces)		traces	marinade & potatoes		wine in marinade	
Sides Dishes													
Rice						both Rice marinade	almond (traces)		traces	traces crispy onion			
Chimirruri Fries	traces in fryer	traces/ fryer				garlic on chimichurri	almond (traces)		traces	oil in fryer			
Cassava Chips	Mayo	Mayo/traces				both Mayo and traces in fryer	almond (traces)		traces	oil in fryer	Mayo	Mayo	
Asparagus	Parmesan					both in romesco & grill	almond		traces			vinegar in romesco	
sweet endings													
Pumkin Flan	Flan (condesed milk)	flan					almond (traces)		traces			in caramel of flan	
Churros	Dulce leche, traces in fryer	traces/ fryer				traces in frier both	almond (traces)		traces	oil in fryer			
Banana Cake	whole dish	whole dish					almond (traces)		traces	plantain crisp			
KEY:	Can be amended												
	Cannot be changed												
	May contain traces												