												1
Dish	Dairy	Eggs	Fish	Crustanceans	Molluscs	Garlic & Onion	Nuts	Sesame	Soya bean	Mustard	_	Celery
Sopa Azteca	traces in tortilla strip					both			tortilla strip		vinegar in chipotle	
Pa picar												
Hominy corn	traces in fryer					both in Hominy mix			oil in fryer		traces in fryer	
Plantains & Guac	traces in fryer					onion in guacamole			oil in fryer		traces in fryer	
Esquites	cheese, sour cream	mayo				chipotle mayo, crispy onion			crispy onion, mayo		vinegar in mayo	
Vegan empanadas	traces in fryer					both marinade, onion in salsa			oil in fryer		traces in fryer	
hallaca empanadas	traces in fryer	guasacaca				both marinade & guasacaca			oil in fryer		raisings	
Tapioca	milk & cheese					traces in fryer			oil in fryer		tapioca & balsamic	
Pork Belly	traces in fryer					traces in fryer			oil in fryer		Red wine vinegar	
Tuna tostada	mayo	Mayo	Tuna			chilli oil, mayo, onion garnish		sesame oil	tortilla & marinade,mayo		vinegar in mayo	
The land												
Jackfruit tacos						both in marinade					vinegars in onion & jam	
Palmheart tostada	mayo	mayo	traces in fryer			both in marinade		sesame oil	tortilla & marinade		traces in fryer (tostada)	
Cabbage						sikil pak/ garlic in oil					red wine vinegar in salsa	
Aubergine						both in marinade, beans			in marinade		salsa negra(balsamic)	
The sea												
Seabass	sweet potato garnish		seabass			onion garnish / garlic in sauce			crispy potato garnish		traces in crisp	Garnish
Prawns	Pacific coast salsa		fish/stock in salsa	prawns	traces on grill	both in salsa			plantain tostones		Prawns	
Salmon	butter in mofongo		salmon			onion all sauce/ garlic on chimi						1
The Farm	, and the second					. 0						
Chicken	butter in marinade			traces on grill	traces on grill	both in marinade & mojo						
Duck						both in mole		mole	crispy onion garnish		vinegar in fennel	
Cochinita pilbil	butter in marinade					both in marinade					cider vinegar/ marinade	
Sides Dishes												
Rice	crispy onion garnish		traces in onions			both Rice marinade			traces crispy onion		traces on onion	
Chimirruri Fries	traces in fryer		traces in fryer			garlic chimi/both traces in fryer			oil in fryer		traces in fryer	
Cassava Chips	Mayo	Mayo	traces in fryer			both Mayo and traces in fryer			oil in fryer		Mayo/ traces in fryer	/
Beetroot	habanero crema			traces on grill	traces on grill	garlic in chimichurri / grill	almond garnish					
sweet endings												
Duo ice cream	ice cream & choc cokie	ice cream							Soya in dulce de leche I.C			
Churros	Dulce leche, traces in fryer		traces in fryer			traces in fryer			oil in fryer		traces in fryer	
Corn cake	whole dish	whole dish									,	
KEY:	Can be amended											
	Cannot be changed											
	May contain traces	Please r	note : While we identi	fy allergens in ou	ır dishes and take	all normal care, we cannot 100% gu	arantee the absence	of cross-conta	mination. Our kitchen is 100	% gluten-fre	e.	