

Dish	Dairy	Eggs	Fish	Crustaceans	Molluscs	Garlic & Onion	Nuts	Sesame	Soya bean	Mustard	Sulphites	Celery
Gazpacho	traces in plantain dust		traces in dust			both			plantain dust		cider vinegar	celery
Pa pucar												
Hominy corn	corn (fryer)		corn (fryer)			both in Hominy mix			oil in fryer			
Plantains & Guac	plantain (fryer)		plantain (fryer)			onion in guacamole			oil in fryer (plantain)			
Andinas Bravas	cheese crema		potatoes (fryer)			garlic in cheese crema			oil in fryer		cider vinegar in crema	
Vegan empanadas	empanada (fryer)		empanada (fryer)			both in marinade, onion in salsa			oil in fryer			
Meat empanadas	empanada (fryer)		anchovy			both in marinade, onion in salsa			oil in fryer			
Tapioca	milk & cheese		traces in fryer			traces in fryer			oil in fryer		tapioca/balsamicvinegar	
Pork Belly	traces in poprk (fryer)		traces in fryer			traces in fryer			oil in fryer		Red wine vinegar	
Tuna tostada	mayo	Mayo	Tuna			chilli oil, mayo, onion garnish		sesame oil	tortilla & marinade		vinegar in mayo	
The land												
Aubergine						both in all dish			in marinade		salsa negra(balsamic)	
Palmheart tostada	Tortilla, crispy onion		crispy onion			both in marinade		sesame oil	tortilla & marinade			
Jackfruit tacos				tortilla	tortilla	both in marinade					cider vinegar in jam	
The sea												
Salmon tiradito	Crispy boniato	citrus mayo	salmon, tigersmilk			both in tigers milk, garlic mayo		tiger's milk	tiger'smilk, crispy boniato			
Prawns	Pacific coast salsa, suero		fish/stock in salsa	prawns	traces on grill	both in salsa			plantain tostones		Prawns	
Squid	fried onion in salsa macha			traces on grill	squid/shellfish	garlic marinade/both salsa macha		Salsa macha	fried onion in salsa macha		white wine vinegar	
The Farm												
Chicken	butter in marinade			traces on grill	traces on grill	both in marinade & mojo						
Rump	arepa (fryer)		arepa (fryer)			both in chimichurri			fry arepa/could be grill		wine vinegar in chimi	
Cochinita pilbil	butter in marinade			tortilla	tortilla	both in marinade					cider vinegar/ marinade	
Sides Dishes												
Rice	crispy onion garnish		traces garnish onion			both Rice marinade			traces crispy onion			
Chimirruri Fries	traces in fryer		traces in fryer			garlic chimi/both traces in fryer			oil in fryer			
Cassava Chips	Mayo	Mayo	traces in fryer			both Mayo and traces in fryer			oil in fryer		vinegar in Mayo	
gem lettuce hearts				traces on grill	traces on grill	garlic in pesto	almonds					
sweet endings												
Duo ice cream	ice cream & choc cokie	ice cream							Soya in dulce de leche I.C			
Churros	Dulce leche, traces in fryer	traces in fryer	traces in fryer			traces in fryer			oil in fryer			
Corn cake	whole dish	whole dish										
KEY:	Cannot be changed											
	Can be amended											
	May contain traces	Please note : While we identify allergens in our dishes and take all normal care, we cannot 100% guarantee the absence of cross-contamination. Our kitchen is 100% gluten-free.										